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**SECTION I: AMENDMENTS TO THE CLAIMS**

1. (Previously Amended) A method for operating a workout facility having a plurality of workout stations arranged for use by individual users, said method comprising:

receiving identification (ID) signals at one of said workout stations, said ID signals being representative of an individual user, wherein said receiving is accomplished by receiving ID signals at a reading device located at said workout station, said ID signals being generated by an initial reading of a code contained on an article carried by said individual user;

measuring workout data generated by said individual user at said workout station;

saving said workout data to a workout data file associated with said individual user when said user has finished using said workout station; and

determining when said individual user has finished using said workout station, said determining being accomplished by detecting when said ID signals are read for a second time at said workout station, said second reading signifying that said individual user has completed a workout at said workout station.

2. (Original) The method as set forth in claim 1 wherein said workout data file is maintained at a server within said workout facility.

3. (Original) The method as set forth in claim 1 wherein said receiving is accomplished by receiving ID signals transmitted from a transmitter device carried by said individual user.

4. (Previously Cancelled).

ATTORNEY DOCKET: AUS920030419US1

PATENT

5. (Previously Amended) The method as set forth in claim 1 wherein said code is a bar code readable by an optical reading device.

6. (Previously Amended) The method as set forth in claim 1 wherein said code is a magnetic code on a medium readable by a magnetic code reading device.

7. (Original) The method as set forth in claim 3 and further including determining when said individual user has finished using said workout station, said determining being accomplished by detecting an absence of said transmitted ID signals at said workout station.

8. (Previously Cancelled).

9. (Original) The method as set forth in claim 1 and further including displaying said workout data on a display device located at said workout station.

10. (Original) The method as set forth in claim 1 and further including:

displaying said workout data file of said individual user on a display device located at said workout station.

11. (Original) The method as set forth in claim 10 wherein said workout data file further includes a workout routine for said individual user, said workout routine including specific workout protocols for said individual user at each of said plurality of workout stations.

12. (Original) The method as set forth in claim 11 and further including displaying said specific workout protocols for said individual user on said display devices at workout stations being used by said individual user.

ATTORNEY DOCKET: AUS920030419US1

PATENT

13. (Original) The method as set forth in claim 1 and further including saving workout data from a plurality of workout stations to said workout data file.

14. (Original) The method as set forth in claim 1 and further including enabling reservation of selected workout stations by said individual user.

15. (Original) The method as set forth in claim 14 and further including displaying notice of said reservation of a reserved workout station at a display device located at said reserved workout station.

16. (Original) The method as set forth in claim 15 and further including disabling said reserved workout station, said reserved workout station being selectively enabled by said receiving of said ID signals associated with said individual user at said reserved workout station.

17. (Previously Amended) A medium programmed to provide operating signals when said medium is read by a compatible reading device at a workout facility computer system, said operating signals being effective for causing said workout facility computer system to interact with individual workout stations located within said workout facility for:

receiving identification (ID) signals at one of said workout stations, said ID signals being representative of an individual user, wherein said receiving is accomplished by receiving ID signals at a reading device located at said workout station, said ID signals being generated by an initial reading of a code contained on an article carried by said individual user;

measuring workout data generated by said individual user at said workout station;

ATTORNEY DOCKET: AUS920030419US1

PATENT

saving said workout data to a workout data file associated with said individual user when said user has finished using said workout station, said workout data file being stored at said workout facility computer system; and

determining when said individual user has finished using said workout station, said determining being accomplished by detecting when said ID signals are read for a second time at said workout station, said second reading signifying that said individual user has completed a workout at said workout station.

18. (Currently Amended) ~~A workout facility computer system comprising:~~

~~a central server device; and~~

~~a plurality of control units coupled to said central server device, each of said control units being coupled to a corresponding one of a plurality of individual workout stations located within said workout facility, each of said control units including means for receiving identification (ID) signals representative of an individual user, wherein said receiving is accomplished by receiving ID signals at a reading device located at said workout station, said ID signals being generated by an initial reading of a code contained on an article carried by said individual user, said workout stations being selectively operable for measuring workout data generated by said individual user at said workout station, said control units being further selectively operable for saving said workout data to a workout data file associated with said individual user when said user has finished using said workout station, said workout data file being stored at said workout facility computer system, said system further including means for determining when said individual user has finished using said workout station, said determining being accomplished by detecting when said ID signals~~

ATTORNEY DOCKET: AUS920030419US1

PATENT

~~are read for a second time at said workout station, said second reading signifying that said individual user has completed a workout at said workout station~~

A method for operating a workout facility having a plurality of workout stations arranged for use by individual users, said method comprising:

receiving a request from a user to schedule a workout session using said workstations at said workout facility;

enabling user access to a facility workout schedule for workout stations within said workout facility;

receiving scheduling input from said user, said scheduling input defining a user workout schedule for said user at said workout facility;

storing said user workout schedule at a workout server used by said workout facility;

reserving workout stations scheduled by said user to enable only said user to use workstations at times designated in said user workout schedule;

detecting when said user enters said workstation facility by detecting a user identification (ID) signal transmitted from a device carried by said user;

storing information indicating a presence of said user at said workout facility in response to said detecting;

determining when said user is in proximity to a first workout station scheduled for use by said user;

displaying said user workout schedule on a display device

ATTORNEY DOCKET: AUS920030419US1

PATENT

viewable by said user from said first workout station in response to said determining;

collecting workout data of said user while said user is working at said first workout station;

determining when said user departs from said first workout station;

updating said user workout schedule by recording said workout data of said user collected at said first workout station after said user has departed from said first workout station;

terminating said displaying after said determining that said user has departed from said first workout station; and

enabling other users to use said first workout station after said user has departed from said first workout station.

19. (Currently Amended) The method as set forth in claim 18 wherein ~~at least one of said workstations includes a display device coupled to said control unit at said workstation, said display device being selectively operable for displaying workout data related to said individual user and further including:~~ said scheduling input is received from a user wireless device, said user wireless device being located remotely from said workout server.